



2017 LCS XC HIGH SCHOOL MEET SCHEDULE

Date	Meet	Location	Time/Schedule
Saturday, August 19	Mecklenburg County XC 2 Mile Preview Presented by Charlotte Running Company <i>*Developmental, JV, Varsity</i>	Myers Park HS, Charlotte, NC	7:00 a.m. Course Opens/Packet Pickup 8:00 a.m. Open Race 9:00 a.m. Boy's Jr/Sr Race 9:25 a.m. Girl's Jr/Sr Race 9:50 a.m. Boy's Fr/So Race 10:15 a.m. Girl's Fr/So Race 10:45 a.m. Awards
Saturday, August 26	Providence Invitational <i>*JV & Varsity</i>	McAlpine Park, Charlotte, NC	8 am - Open Girls (teams from smaller schools and less competitive larger schools) 8:30 am - Open Boys 9 am - Championship Girls (larger schools and competitive smaller schools) 9:30 am- Championship Boys 10 am - JV Girls 10:30 am - JV Boys
Friday, September 8	Friday Night Lights <i>*Varsity and some JV</i>	Ivey Redmond Sports Complex, Kernersville, NC	4:45 pm Park Opens 6:20 pm JV Girls 7:00 pm JV Boys 7:35 pm Invitational Women's Race 8:05 pm Invitational Men's Race 9:35 pm Fireworks(Sponsored by Town of Kernersville) 10:00 pm Park Closed. Safe Travels!
Tuesday, September 19	SPAC 1A Pre-Conference	LCS	TBD
Saturday, September 23	Hare & Hounds XC Invitational <i>*JV & Varsity</i>	McAlpine Park, Charlotte, NC	8:40 am Girl's Championship 9:10am Boys' Invitational 10:10am Boys' open 10:40am Girls' open

Date	Meet	Location	Time/Schedule
Saturday, September 30	Ramble by the River <i>*Varsity and some JV</i>	Asheville Christian Academy, Swannona, NC	Men's Championship 9:30am Women's Championship 10:00am Men's Invitational 10:30am Women's Invitational 11:00am Mixed Developmental 11:30am
Saturday, October 14	NCRunners.com Invitational <i>*Varsity and some JV</i>	Ivey Redmon Sports Complex, Kernersville, NC	9:00 AM Boys Invitational 5K (top 7 runners per school) 9:30 AM Girls' Invitational 5K (top 7 runners per school) 10:00 AM Boys' Championship 5K (top 7 runners per school) 10:30 AM Girls' Championship 5K (top 7 runners per school) 11:00 AM Boys' Frosh/Soph 5K (10 runners per school) 11:40 AM Girls Frosh/Soph 5K (10 runners per school) 12:00 PM Team Awards - (Invite, Champ, & Frosh/Soph) 12:20 PM Boys' Open 5K (unlimited entries) 1:00 PM Girls Open 5K (unlimited entries)
Tuesday, October 17	SPAC 1A Championship	LCS	TBA
Saturday, October 28	NCHSAA 1A West Regional Championship <i>*Top 7</i>	Asheville Christian Academy, Swannona, NC	TBA
Saturday, November 4	NCHSAA 1A State Championship <i>*qualifiers from regionals</i>	Ivey Redmon Sports Complex, Kernersville, NC	TBA
Saturday, November 25	Foot Locker South Regional Championship <i>*optional meet</i>	McAlpine Park, Charlotte, NC	See Coach Williams if interested